



1862 Charter Lane, Suite 100, Lancaster, PA 17601
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Help and Hope for Children and Families

www.instituteforchildren.org



Institute for Children and
Families

Healing Traumas from Disrupted Attachment

A 2-day Professional Workshop
June 19 and 20, 2009
Lancaster, PA

Day 1

**The Etchings of Trauma – The history,
theory and profile of the traumatized
brain**

Day 2

**Integrative Therapy – A mind-body
systems approach to trauma**

Learning Objectives

1. Participants will learn the causes, theoretical, and practical history of, and ways of diagnosing Reactive Attachment Disorder and other traumatic breaks in attachment.
2. Participants will learn about current brain research specific to the link between emotional trauma and behaviors associated with disruptions in attachment
3. Participants will learn how to integrate complementary therapies, as per the model of Synergistic Trauma and Attachment Therapy (STAT©)

Day 1: The Etchings of Trauma - The history, theory and profile of the traumatized brain

- Etchings in the Brain – the ways in which trauma impacts brain development and behavior - Lark Eshleman, Ph.D.
- RAD and Trauma: Differential Diagnosis and Evaluation Techniques - John Tardibuono, Ed.D.
- Integrating a Healthy Attachment Figure to Support Trauma Healing. An introduction to Synergistic Trauma and Attachment Therapy (STAT)© - Lark Eshleman, Ph.D.
- Interweaving Neurofeedback into the STAT© Model of Treatment - Bob Patterson, PT

Day 2: Integrative Therapy - A mind-body systems approach to trauma

- Introduction to the Brain-Body Connection Education, The Power of Breathing, and Heart Rate Coherence – Lark Eshleman, PhD
- Eye Movement Desensitization and Reprocessing (EMDR), Neuro Emotional Technique (NET), and Theraplay® in the healing process – Laura Miller, LCSW
- Family Therapy can Heal Attachment Traumas - Kate Langhart, LCSW

Workshop Leaders

- **Lark Eshleman, Ph.D.** Trauma and Attachment Child Psychotherapist, Certified School Psychologist, Board member of ATTACH*; **John Tardibuono, Ed.D.**, Certified School Psychologist, PA Licensed Psychologist; **Laura Miller, LCSW**, Trauma and Attachment Therapist; **Bob Patterson, PT**, Neurofeedback Specialist; **Kate Langhart, LCSW**, Family therapist.

Registration

Name: _____

Address: _____

Phone: _____

Email: _____

Two day workshop \$300

One day workshop \$150

If you register for the one-day workshop before June 10, 2009, you receive a \$15 discount.

If you register for the two-day workshop before June 10, 2009, you receive a \$30 discount.

Call for group rates (5 or more people)

Two workshops \$ _____

Day 1 only \$ _____

Day 2 only \$ _____

Early registration discount \$ _____

Total \$ _____

Send your registration and payment to

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Lancaster, PA 17601

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(717) 290-7044 (Fax)

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Workshop details and CE Credits

Please contact us PRIOR to registration if seeking CE credits.

We start each day with continental breakfast at 8:30. We will end at 5:30 on Friday and 4:30 on Saturday. Lunch is not provided. We will make dinner reservations on Friday at a local restaurant for those who wish to join together for dinner (Cost of the meal is not included.)



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The Institute for Children and Families (ICF) is a nationally renowned center for the treatment of emotional trauma, such as Post Traumatic Stress Disorder (PTSD) and Reactive Attachment Disorder (RAD), and traumatic breaks in attachment and bonding. ICF is also noted for its treatment of clients with ADHD, often without the use of medication.

Its STAT ^(SM pending)) model a carefully woven combination of therapies, including neurofeedback (EEG biofeedback), structured play therapy, art therapy, trauma-based therapeutic bodywork, Eye Movement Desensitization and Reprocessing (EMDR), family therapy, and education.

ICF has helped children and their families to dramatically improve their quality of life.

ICF provides a comprehensive personalized treatment program to address the needs of each child and family, focusing on attaining and maintaining success.

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